

Inner Garden

HEALING PLACE



Massage:

Enjoy a deeply relaxing and therapeutic session. Unwind the nervous system, relieving tension and deeply relaxing the body and mind. Enjoy a holistic treatment or focus on specific body areas.

Acupuncture:

Safe and effective ancient Chinese healing modality to rebalance your energy and encourage natural healing. Improve mood and energy, reduce or relieve pain and improve body functions to treat acute and chronic health conditions.

Combination Treatment:

Combine massage and acupuncture into one therapeutic treatment.

~ All Treatments 60 min \$145 ~

Payment method: cash, cheque, Etransfer, PayPal or credit card (add \$5)

Alinka Porebska Dip.TCM,R.Ac

Alinka graduated from the Academy of Classical Oriental Sciences in 2002, where she completed a doctorate program in Traditional Chinese Medicine.

She is skilled in all TCM diagnostic and treatment methods. Alinka has continued her studies in deep tissue and therapeutic massage, energy healing, vibrational sound therapy and shamanic medicine. She strives to create a safe and nurturing environment to facilitate your healing.

For bookings, please call or text (250) 653-0047

Or email alinka@innergardenhealing.ca